

The RACV logo is displayed in white, bold, italicized font within a dark blue rounded rectangle that has a yellow swoosh on its right side. The background of the entire page is a scenic photograph of cyclists riding on a coastal road with a blue sea and green hills.

*Great Ocean & Otway
Classic Ride 2016*

eGuide

Saturday 16 April
Torquay

Epic
Ride
204km

Classic
Ride
145km

A pink circular logo featuring a stylized white bird or wing design.

Amy's Ride
Victoria
60km



eGuide

Saturday 16 April 2016, Torquay

RACV

Great Ocean & Otway
Classic Ride 2016

WELCOME

Welcome all participants to the RACV Great Ocean & Otway Classic Ride. The event is in its 10th year, and we are excited to introduce the 204km Epic Ride. We are pleased to have Baker IDI as our new charity partner for the event. It is fantastic to welcome all of the international and interstate cyclists participating in the event, including Mark Beretta.

Whether it be the 60km, 145km or 204km course, all participants can expect the rolling and spectacular coastal scenery to inspire great performances.

We wish you all the best for your ride and look forward to seeing you at the finish line.

EVENT UPDATES

Please check www.greatoceanotwayclassic.com.au and our Facebook page regularly during the week preceding the event for up to date event information and any weather updates. Join the conversation and post and tag your friends and family.

KEY NUMBERS

Event Withdrawal prior to weekend
(03) 9595 3000

Event & Mobile Mechanical

Support Number – 0448 813 433

Emergency & Medical Control

Center Number – 0448 813 433

If no response for emergency, dial 000



Great Ocean & Otway Classic Ride



@racvgocr

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EVENT PARTNERS

TITLE



MAJOR



SUPPORT



Dineamic



For assistance with planning your visit to Torquay, drop into the Torquay Visitor Centre, (open 9am to 5pm, 7 days a week except Christmas day), call 1300 614 219 or go to www.visittorquay.org Surf City Plaza, Beach Road, Torquay



TAKE YOUR **TRAINING** TO THE NEXT LEVEL

VISIT THE 2XU MARQUEE FOR EVENT DAY SPECIALS ON ALL TRIATHLON, COMPRESSION & PERFORMANCE WEAR.



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EVENT WITHDRAWAL / CHANGE OF DISTANCE

CHANGE OF DISTANCE 145km to 60km / 204km to 145km

If you wish to change distances bring your seat post and wave start stickers (included in your event kit) to the Event Information Tent located at the venue on Friday 15th April between 4pm–7pm. You will be re-issued with the correct event kit material.

WITHDRAWING FROM THE EVENT

Riders withdrawing from the event before arriving at the Finish Line, **MUST** send a text message (SMS) with their rider # and name or call the “Event and Mobile Mechanical Support Number” on 0448 813 433 as soon as possible. It is crucial that resources aren’t spent searching for riders thought to be still on course.

KEEP THE REGION CLEAN – Please don’t litter

The event relies on the co-operation of private landholders and the local Shires. Please do not litter, as any offence committed against property or laws that come under their control will jeopardize the future of the event. This includes discarding gel wrappers.

INSURANCE COVER

The 2016 event is covered by public liability insurance but this does not cover accidents caused by individuals or other riders. It is therefore **strongly recommended** that you have personal accident insurance (SME360 recommends CycleCover www.cyclecover.com.au) or medical cover along with **ambulance cover membership**, or a suitable level of health insurance.



RACV Bike Assist

Emergency Roadside Assistance for your bike

RACV Bike Assist* is designed to meet your unique cycling needs, whether it is a push bike or an electric powered bike (e-bike). You're covered for a variety of problems such as a:

- puncture
- broken chain or buckled wheel
- flat battery (e-bike)

If we are unable to repair the problem, we will arrange to transport you and your bike back home or to a place of repair. RACV Bike Assist gives you peace of mind when you need it most for only \$45* per year.

For more information call 13 RACV (13 7228), visit racv.com.au or your nearest RACV shop.

*Conditions may apply. Visit racv.com.au for full terms and conditions.
*Price applies to RACV blue cardholders. Years of Membership Benefits apply.

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CONTINGENCY PLANS

1. INCLEMENT WEATHER

The principal strategy to deal with inclement weather is to delay the starting time of the event. If the weather is extreme and unlikely to abate to a safe level, it is probable the course will be altered. In the worst case, postponement or cancellation of the event may be necessary.

2. BUSHFIRES

We receive approval from the CFA each year in the week prior to the event, that the event can proceed.

Mobile Numbers: It is important that your mobile number is correct and updated in your online athlete profile to receive any updates.
Update your profile through your registration confirmation email.

BE PREPARED

- Carry a mobile phone during the ride. Any event warnings will be sent to all participants via SMS!
- Prepare for all conditions and carry two drink bottles (750ml), food, spare tubes, a pump and puncture repair kit.
- It is recommended that all participants know how to change a tyre or learn prior to the event (see below) and carry 2 spare tubes.
- We recommend that you service your bike prior to the event.
- Stop at each refreshment station, drink and fill your water bottles.
- Protect yourself from sun exposure with SPF30+.
- Carry spare change for Finish Line festivities such as coffee, BBQ, and the bar. Also for stopping off at cafes, the Deans Marsh General Store or Lorne for lunch during the ride.
- Carry identification and details of an emergency contact on your person at all times.
- Make sure you have lights on your bike.



[Click here
to watch Video](#)





EVENT KIT ITEMS

JERSEY, NUMBERED SEAT POST STICKER AND WAVE START SEAT POST STICKER

Participant either elected to receive their Event Kit and Jersey in the mail prior to the Event or chose to pick it up from the venue within the specified kit collection times. Participants **MUST** wear event jersey and attach stickers to bike and helmet to be eligible for medical and mechanical support as well as on course refreshments.

REGISTRATION TIMES (Kit collection requires eTicket sent Thursday 6pm)

Registration will be open for Late Kit Collection, Benwerrin Hill Climb Timing Sticker Collection and any other outstanding kit issue resolution from 4pm-7pm on Friday 15th April and from 5:30am onwards on race morning (Saturday 16th April), please allow extra time on race morning if collecting as the queues will be busy.

EVENT NUMBER IDENTIFICATION

All provided race kit material must be worn in the specified locations. Race number attached securely to Seat post of bike.

WAVE START SEAT POST STICKER

This is to go underneath the numbered seat post sticker. The colour indicates the Start Zone you are in and the zones will clearly be identifiable at the starting area. Helmet Sticker to be attached to the front of your helmet - to help our on course photographers easily identify you!

Note: Jersey size exchanges are dependent on availability, and not guaranteed during registration times.

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NUMBERED SEAT POST STICKERS



SEAT POST STICKERS



POCKET GUIDE

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Amy's Ride
Victoria
60km

Personal Details

Rider Number	
Rider Name	
Medical Conditions	
Medications	
Allergies	
Emergency Contact	
Emergency Contact Number	

Important Numbers
Event Support Number
0448 813 433

ELEVATION (m)

START ELEVATION: 17m | MAX ELEVATION: 130m | GAIN: 422m | CLIMBS ON ROUTE: 1

Key Course Details - 145km

KM	Action	Location	Cut-off time
Start		Elephant Walk Reserve	8:15 am
0.2	RIGHT	Anderson St	8:20am
1.0	LEFT	Surf Coast Hwy (B100)	
6.5	RIGHT	Angelsea Rd (C134)	
10.3	LEFT	Hendy Main Rd (C135)	
16.6	RIGHT	Hendy Main Rd (C135)	
24.7		"Moriac Refreshment Stop Water + Fruit"	9:40am
25.1	LEFT	Cape Otway Rd	
28.1	PASS	Church Rd	
45.8	PASS	Winchelsea-Deans Marsh Rd	
51.1		"Winchelsea South Refreshment Stop Water + Fruit + Caramels"	10:45am
62.0	LEFT	Birregurra-Deans Marsh Rd (C152)	
73.7		"Deans Marsh Refreshment Stop Elixir Nutrition + Cake + Fruit"	11:45 pm
73.8	RIGHT	Deans Marsh-Lorne Rd (C151)	
87.6		CAUTION: Benwerrin Descent	
96.2	LEFT	Great Ocean Rd (B100)	
	RIGHT	To Lorne Refreshment Stop (1km) "Lorne Refreshment Stop Water + Fruit + Caramels Bars"	1:00 pm
111.2	PASS	Fairhaven Township	
113.2		"Avey's Inlet Refreshment Stop Water only"	1:45 pm
123.6		"Angelsea Refreshment Stop Elixir Nutrition + Bakery Product"	2:00pm
135.9	RIGHT	Great Ocean Rd (B100)	
141.0	RIGHT	Bel St	
142.0	LEFT	The Esplanade	
Finish		Elephant Walk Reserve	3:15 pm

Key Course Details - 204km

KM	Action	Location	Cut-off time
Start		Elephant Walk Reserve	8:30am
0.2km	Right	Anderson St	8:45am
11km	Left	Surf Coast Hwy (B100)	
6.5km	Right	Angelsea Rd (C134)	
10.3km	Left	Hendy Main Rd (C135)	
16.6km	Right	Hendy Main Rd (C135)	
24.7km		"Moriac Refreshment Stop"	7:40am
25.1km	Left	Cape Otway Road	
28.1km	Pass	Church Road	
45.8km		Winchelsea-Deans Marsh Road - "Winchelsea South Refreshment Stop"	8:40am
62km	Pass	Birregurra - Deans Marsh Road (C152)	
65km	Left	Birregurra - Forrest Road	
80.5km	Pass	Seven Bridges Road	
85.5km		"Forrest Township - refreshment stop"	10:15am
87km	Continue on	Forrest - Apollo Bay Road	
92.5km	Pass	Barramunga Township	
105km	Pass	Tairāwhiri Township	
105.2km	Continue on	Sheeares Creek Road	
118km	Left	Great Ocean Road	11:30am
131.9km	Pass	Grey River Township	
135km		"Karnett River Township - refreshment stop"	12:15pm
156.9km	Pass	Wye River Township	
140km	Pass	Lorne roundabout - right to "refreshment stop"	1:00pm
157.3km	Pass	Otway St Roundabout	
157.9km	Pass	Deans Marsh - Lorne Road	
185.5km		"Angelsea Refreshment stop"	2:30pm
198km	Right	Great Ocean Rd (B100)	
203km	Right	Bel St	
203.7km	Right	The Esplanade	
204km	Finish	Elephant Walk Reserve	3:15pm



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COMPULSORY JERSEY POLICY

For the safety and wellbeing of valid participants, rider must wear the jersey supplied to them by SME360. This policy is consistent with other international and Australian mass participation cycling events. All participants have acknowledged this and accepted this obligation as part of the Terms and Conditions when completing their entry. In summary the reasons for this policy are as follows: Wearing an event jersey ensures registered participants are easily identified by police, traffic management, event staff and support crews including medical, mechanical, marshals and at refreshment stops.

PARKING INFORMATION

ARRIVE EARLY

Ensure you arrive no later than 30 minutes before your allocated start time de-noted by your coloured wristband. (refer to Start Times and Zones page 8)

PARKING

- Event parking: Take Surf Coast Hwy, turn Left into Darian Rd, continue straight along Darian Road to The Esplanade where event staff will direct you to parking. Then simply ride down to the venue!
- Please ensure you have lights for your bike when riding from the car park to the venue and starting the ride.
- There will be sufficient parking spots set aside for the event.
- NO Parking at Point Danger Car Park or Fishermans Beach. These areas will be blocked off to vehicles.
- Council have requested that participants do not park in local streets.





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SCHEDULE OF EVENTS AND START ZONES

START ZONES

We will have 3 assembly areas for the start of the 204km event located at the Torquay Lawn Bowls Club carpark. The 145km event will have 6 assembly areas marked for the start and there will be 3 assembly areas for the 60km event. Riders start in staggered waves every 90 seconds.

204km Ride

All 204km participants (ORANGE seat post stickers) assemble at start area at 6.20am for a 6.30am start of all zones. Note: RED wristbands will be up front followed by Green and Orange.

- Zone 1 Under 7 hours (RED wristbands)
- Zone 2 Under 7.5 hours (GREEN wristbands)
- Zone 3 Under 8 hours (ORANGE wristbands)

145km Ride

- 7:15am All 145km participants (BLUE seat post stickers) assemble at start area.
- 7:30am Zone 1 participants start - Under 4 hours (RED wristbands)
- 7:32am Zone 2 participants start - Under 4.5 hours (GREEN wristbands)
- 7:35am Zone 3 participants start - Under 5 hours (ORANGE wristbands)
- 7:47am Zone 4 participants start - Under 5.5 hours (BLUE wristbands)
- 8:01am Zone 5 participants start - Under 6 hours (YELLOW wristbands)
- 8:08am Zone 6 participants start - Over 6 (PURPLE wristbands) All 145km participants must start by 8:20am

60km Ride

- 8:20am All 60km competitors (PINK seat post stickers) assemble at start area.
 - 8:30am Zone 1 participants start – Under 2 hours (RED wristbands)
 - 8:32am Zone 2 participants start – Under 3 hours (GREEN wristbands)
 - 8:35am Zone 3 participants start – Over 3 hours (ORANGE wristbands)
- All 60km participants must start by 8:40am

DO NOT START THE RIDE EARLY

Upon the request of Police and Local Council, please do NOT start the event prior to the times noted above! All participants MUST stay behind the lead vehicle, otherwise they will not receive on course support or refreshments, and are jeopardising the future of the event.

30% OFF ALL ETIXX PRODUCTS

Conditions: Valid until 30 May 2016.
Offer only available online at etixxsports.com/au.
Not available in conjunction with any other offer.

etixx sports nutrition



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START / FINISH AREA

The Start and Finish Line area is located at Elephant Walk Reserve, Torquay.

Upon completing the ride, there will be a post Finish Festival, including:

- Show bag full of exciting sponsor products
- Your chance to WIN some great prizes
- RACV BBQ, Coffee Cart, Locally Produced Ice Creamery and Temple Brewery Bar

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ZXU
HUMAN PERFORMANCE MULTIPLIED

etixx
sports nutrition

Genovese



Dineamic

Surf COAST SHIRE
The start of the Great Ocean Road

Nothing but good.
CHOBANI
GREEK YOGURT

RACV Torquay Resort

Herald Sun
WE'RE FOR VICTORIA



Baker IDI
HEART & DIABETES INSTITUTE

PhysioHealth
.COM.AU

Amy Gillett
FOUNDATION
Safe together



Eat like an athlete.
No shopping, chopping, mess or stress.

Dineamic

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SHOWBAG'S

EVENT SHOWBAG & E-SHOWBAG

Showbag: After you cross the finish line, the following items will be eagerly awaiting your pickup in the form of our event showbag:

- RACV Drawstring Bag
- Yorkshire Tea Sample
- Carman's Bar
- Herald Sun Newspaper
- Chobani Yoghurt

E-Showbag: In addition to our tangible show bag you receive after your race please also check out our environmentally friendly e-Showbag containing an array of special offers and information from our event partners.

SPONSORS

DISPLAYING EVENT SPONSORS

- RACV (Don't forget to collect your FREE RACV cycling hat)
- Etixx
- 2XU
- Neutral Performance
- Baker IDI
- My Sport ID
- Physio Health
- Chobani
- Dineamic (at refreshment stop)
- Temple Brewing

Saturday 16 April – Post-event drinks and nibbles

If you're staying in Torquay for the evening, why not treat yourself after the race at the RACV Torquay Resort for some drinks and nibbles. Harding's Lounge has a fantastic range of beers, other drink selections and nibbles.

RACV Torquay Resort

Fuelling more than
just conversations

Genovese are passionate
supporters of cycling in Australia.

Genovese



www.genovese.com.au



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PRIZES

TIMED: RACV TORQUAY RESORT BENWERRIN HILL CLIMB Prizes:

SME360 is giving participants the opportunity to have their time recorded up the Benwerrin Hill Climb (Distance = 12km). The prizes are awarded to the fastest hill climbers for both male and females for two categories. Fastest Male and Female aged under 40 yrs and the fastest Male and Female aged over 40 yrs.

The fastest male and female rider in the under 40 and over 40 categories will receive one nights' accommodation at RACV Torquay Resort including a full buffet breakfast and dinner for two people. Please note: Dinner at Number One Restaurant and valued up to \$125, drinks not included.

SPOT PRIZES:

Keep on the lookout for the Fantastic Spot Prizes we will be giving away on the day in the event village.





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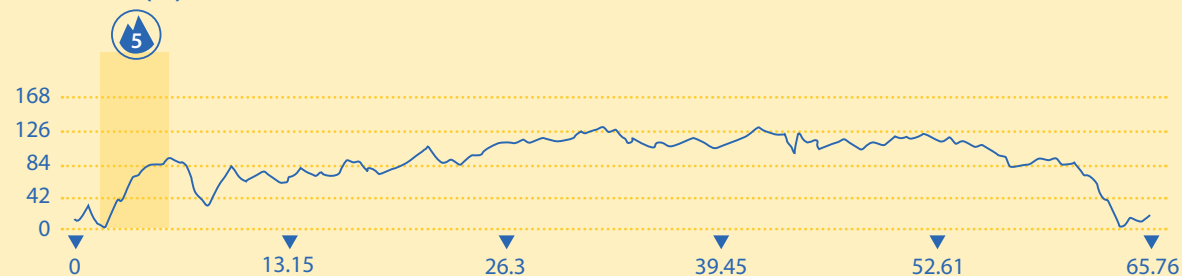
Saturday 16 April 2016, Torquay

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Amy's Ride Victoria 60km

ELEVATION (m)



START ELEVATION
17m

MAX ELEVATION
130m

GAIN
422m

CLIMBS ON ROUTE
5
1

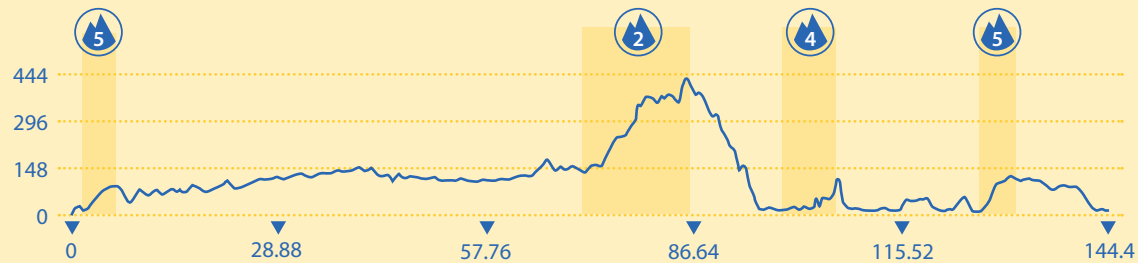
COURSE DETAILS - 60 km Route Notes

KM	Action	Location	Cut-off Time
Start		Elephant Walk Reserve	8.40AM
0.2	RIGHT	Anderson St	
1.0	LEFT	Surf Coast Hwy (B100)	
6.5	RIGHT	Anglesea Rd (C134)	
10.3	LEFT	Hendy Main Rd (C135)	
16.6	RIGHT	Hendy Main Rd (C135)	
24.7		Moriac Refreshment Stop - Water, Fruit & Carman's Bars	10:05 am
25.1	LEFT	Cape Otway Rd	
28.3	LEFT	Church Rd	
30.5	RIGHT	Larcombes Rd	
32	RIGHT	Forest Rd	
47.2		Great Ocean Road Refreshment Stop - Water and Lollies	11:35 am
47.2	LEFT	Great Ocean Rd (B100)	
54.9	RIGHT	Great Ocean Rd (B100)	
59.9	RIGHT	Bell St	
60	LEFT	The Esplanade	
Finish	Finish	Elephant Walk Reserve	12:30 pm



Classic Ride 145km

ELEVATION (m)



START ELEVATION
17m

MAX ELEVATION
443m

GAIN
1426m

CLIMBS ON ROUTE

2 4 5
1 1 2

COURSE DETAILS - 145 km Route Notes

KM	Action	Location	Cut-off Time
Start		Elephant Walk Reserve	8.15AM
0.2	RIGHT	Anderson St	8.20 am
1.0	LEFT	Surf Coast Hwy (B100)	
6.5	RIGHT	Anglesea Rd (C134)	
10.3	LEFT	Hendy Main Rd (C135)	
16.6	RIGHT	Hendy Main Rd (C135)	
24.7		Moriac Refreshment Stop - Water, Fruit & Carman's Bars	9.40 am
25.1	LEFT	Cape Otway Rd	
32.1	PASS	Layard Rd	
45.8	PASS	Winchelsea-Deans Marsh Rd	
51.1		Winchelsea South Refreshment Stop - Water + Lollies + Carmans	10:45 am
62.0	LEFT	Birregurra-Deans Marsh Rd (C152)	
73.7		Deans Marsh Refreshment Stop - Etixx Nutrition, Bakery Product & Fruit	11.45 am
73.8	RIGHT	Deans Marsh-Lorne Rd (C151)	
87.6		CAUTION: Benwerrin Descent	
	LEFT	Great Ocean Rd (B100)	
96.2	RIGHT	To Lorne Refreshment Stop (1km)	
		Lorne Refreshment Stop - Water + Fruit + Carmans Bars	1.00 pm
111.2	PASS	Fairhaven Township	
113.2		Aireys Inlet Refreshment Stop - Water only	1.45 pm
124.0		Anglesea Refreshment Stop - Etixx Nutrition + Bakery Product	2.00 pm
136.2	RIGHT	Great Ocean Rd (B100)	
141.3	RIGHT	Bell St	
142.0	LEFT	The Esplanade	
145	Finish	Elephant Walk Reserve	3:15 pm



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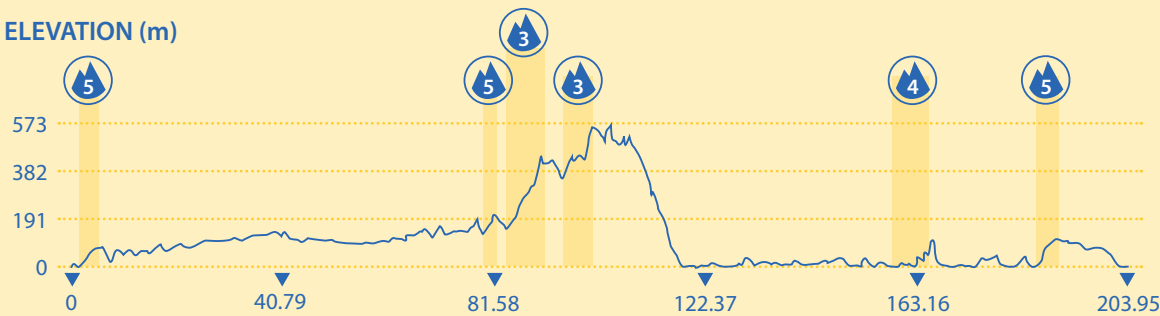
Great Ocean & Otway
Classic Ride 2016

Epic
Ride
204km

COURSE DETAILS - 204 km Route Notes

KM	Action	Location	Cut-off Time
Start		Elephant Walk Reserve	6.30am
0.2	Right	Anderson St	6.45am
1	Left	Surf Coast Hwy (B100)	
6.5	Right	Anglesea Rd (C134)	
10.3	Left	Hendy Main Road (C135)	
16.6	Right	Hendy Main Road (C135)	
24.7		"Moriac Refreshment Stop" Fruit, Carmans Bars & Water	7:40 am
25.1	Left	Cape Otway Road	
28.1	Pass	Church Road	
45.8		Winchelsea-Deans Marsh Road - "Winchelsea South Refreshment Stop" - Lollies & Water	8:40 am
62	Pass	Birragurra - Deans Marsh Road (C152)	
63	Left	Birragurra - Forrest Road	
80.5	Pass	Seven Bridges Road	
85.5		"Forrest Township - refreshment stop" Carmans Bars, Etixx Nutrition, Fruit & Water	10:15 am
87	Continue on	Forrest - Apollo Bay Road	
92.5	Pass	Barramunga Township	
105	Pass	Tanybryn township	
105.2	Continue on	Skeenes Creek Road	
118	Left	Great Ocean Road	11:30 am
131.5	Pass	Grey River Township	
135		"Kennett River Township - refreshment stop" Salad Roll & Water	12:15 pm
140	Pass	Wye River Township	
156.9	Pass	Lorne roundabout - right to "refreshment stop" - Carmans Bars & Water	1:00 pm
157.3	Pass	Otway St Roundabout	
157.9	Pass	Deans Marsh - Lorne Road	
185.5		"Anglesea Refreshment stop" Etixx Nutrition, Fruit, Lollies & Bakery Product	2:30 pm
198	Right	Great Ocean Road (B100)	
203	Right	Bell St	
203.7	Right	The Esplanade	
204	Finish	Elephant Walk Reserve	3:15 pm

ELEVATION (m)



START ELEVATION
19m

MAX ELEVATION
569m

GAIN
2372m

CLIMBS ON ROUTE

2 1 3



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SUMMARY OF ROUTE SUPPORT

Medical Support

Mobile Medical support including Doctors, Sports Trainers, Paramedics, 3 Ambulances and a Medical Support Vehicle. Phone Number: 0448 813 433.

Ambulance Cover

SME360 contract Ambulance Victoria to provide paramedic and ambulance support on course

- It is strongly recommended that participants have ambulance cover
- Ambulances will be in attendance at the event, however if you require transport by ambulance you will be charged for this service.

Mechanical Support

Mobile mechanical support will be provided on course by Neutral Performance. If you require assistance while on the course you can either use your own mobile phone to contact the event mobile mechanical crew, or advise a course marshal, traffic management or event staff member, who will then call for the on course mechanical support. Phone Number: 0448 813 433.

Sag Wagon

4 Sag wagon's on course. Course cut-off times are detailed on page 16. The Sag Wagon is a minibus with a bike trailer that follows the last rider on each course, picking up participants who are unable to finish due to bike failure, fatigue etc.

Police

SME360 pay to have Police support present throughout the event, including Police Motorbikes surveying the course and participants to ensure road rules are adhered to by cyclists and vehicles alike. Police will issue infringement notices to cyclists who disregard the road rules, including offences such as speeding and crossing the solid centre line on the road.

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 packed full of nutritional goodness and they taste great.

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SUMMARY OF ROUTE ROAD CLOSURES

The Esplanade, Torquay between Beach Road and Gilbert Street will be closed from 5.30am to 9:30am.

The Esplanade, Torquay between Zeally Bay Road and Gilbert Street will be closed from 9:30am to 5:00pm.

Section 1 – Avoid the Anglesea Rd from the Bellbrae roundabout to Hendy Main Road will be closed from 7.00am – 9.15am to minimise your delay.

Section 2 – Hendy Main Rd to Cape Otway Road Moriac is closed from 7.30am to 10.00am.

Section 3 – Cape Otway Rd Moriac at Church Rd to Winchelsea - Deans Marsh Rd is closed from 8.00am to 10.30am.

Section 4 – Cape Otway Rd from Winchelsea – Deans Marsh Rd to Birregurra – Deans Marsh Rd is closed from 8.30am to 11.00am.

Section 5 – Birregurra – Deans Marsh Rd to Deans Marsh is closed from 8.30am to 12.15pm.

Section 6 - Deans Marsh – Lorne Rd to Neade St Lorne is closed from 9.00am – 12.30pm. Due to the safety concerns of both cyclists and vehicles, access will not be allowed during these times unless an emergency arises.

Section 7 – Great Ocean Road from Lorne to Torquay will be open in both directions.

ROAD CLOSURES

In 2012 we introduced the road closures to make it safer for both cyclists and motorists. Over the last few years there have been a number of incidents where vehicles have tried to overtake groups of cyclists and endangered themselves and cyclists. The event has a limited field of 3,500 cyclists and has become one of Australia's premier recreational rides with over 300 participants coming from interstate and over 20 from overseas. It now attracts over \$1 million in economic benefit to the region. There will be numerous static signs and electronic variable message boards advising of the closures set up around the course.





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ASCENT AND DESCENT DETAILS AND RULES

Due to concerns raised by the local authorities regarding cyclist safety, it is important that rules are followed for both the ascent and descent.

ASCENT

Due to the narrow road from Deans Marsh to Benwerrin, all cyclists are required to cycle in single file to permit official event vehicles to safely overtake. This will be policed.

DESCENT

All participants must adhere to the road rules and are advised that the following conditions are in place during the descent:

- Cyclists are not to exceed 60km/h
- Single file
- No overtaking of official event vehicles
- No tailgating of official event vehicles. Under no circumstances are riders permitted to cross the centre line on the road - there could be an official event vehicle coming up the hill on the other side of the road.
- There will be vehicles escorted from Lorne to Deans Marsh every 30 minutes during the road closure of Benwerrin.

RACV TORQUAY RESORT BENWERRIN CLIMB

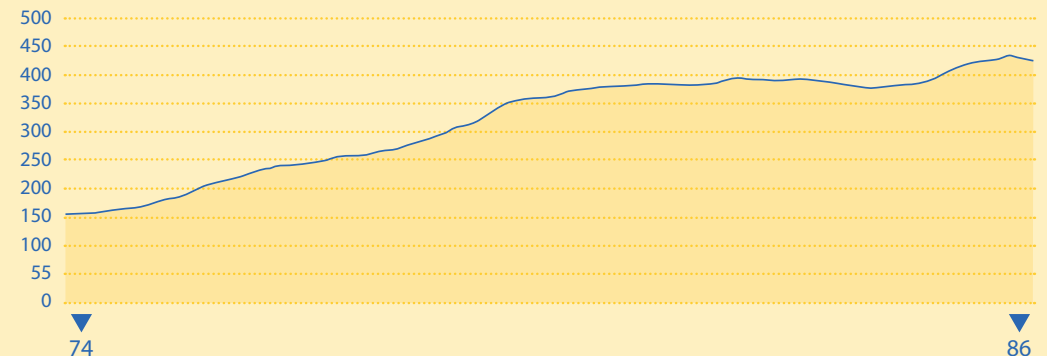
Once again SME360 have introduced the opportunity for participants to have their time recorded up the RACV Torquay Resort Benwerrin Hill Climb. Results will be published on the SuperSprint website after the event, so you can compare your ascent with your friends. Prizes will be given to the best times up the climb for both males and females.

TIMING STICKER PICKUP

If you have purchased the timing option as part of your registration, timing stickers need to be picked up from Event Information on Friday 15th April between 4pm-6pm, or alternately from 5.30am on Saturday 16th April.

Distance	12km
Average Gradient	2.4%
Lowest Elevation	154m
Highest Elevation	437m

ELEVATION (m)





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KEY TRAFFIC DIVERSIONS

The traffic management plan has been implemented three weeks out from the event with event notification and advice about traffic diversions on event day. Roads will be open to traffic but there will be two alternate routes advised to prevent motorists becoming caught behind cyclists. The aim is to minimise vehicle traffic on the roads by implementing the following diversions:

- Geelong: Anglesea/Lorne bound traffic to use Anglesea Road and Great Ocean Road.
- Anglesea: Geelong bound traffic to use Anglesea Road (between 9am and 5pm) to access Princess Highway.

COURSE CUT OFF TIMES & SAG WAGON

There will be a Sag Wagon on course, leaving locations at specified ride cut-off times. All cyclists must stay ahead of the sag wagon. The Sag Wagon will be leaving the following locations at the times indicated in the table on this page.

* If any rider falls outside of the cut off times, they will be stopped by the SAG Wagon and have their numbers removed. They are able to continue to ride the course but will not have access to event support and will be classified as 'everyday riders'. They will be able to ride into Torquay but the Finish Line & event Venue may have been packed up.

SHORTENED ROUTE

Should the longer course cyclists commence the ride and not feel confident of completing the entire course, below is a list of cut off points where they can shorten their ride.

Location Description	KM	204km Cut Off	KM	145km Cut Off	60km Cut Off
The Esplanade Torquay	0	-	0	8.20am	8.45am
Great Ocean Rd & Anglesea Rd	6.1	-	6.1	8.45am	9.00am
Paraparap Township	16.5	-	16.5	-	9.30am
Moriac (DS 1)	25	-	25	9.40am	10.05am
Cape Otway Rd & Church Rd (60km turn off)	27.8	-	27.8	-	10.10am
Cape Otway Rd & Winchelsea Deans. Marsh Rd	45.5	-	45.5	10.30am	-
Cape Otway Rd & Brickmakers Rd (DS 2)	51	-	51	10.45am	-
Forrest Township (DS 7)	85.5	10:15am	-	-	-
Skenes Creek rd / Great Ocean Rd	117.8	11:30am	-	-	-
Kennett River (DS 8)	135	12:15pm	-	-	-
Deans Marsh (DS 3)	-	-	73.6	11.45am	-
Benwerrin Holding Point	-	-	82	12.30pm	-
Lorne (DS 4)	156.5	1:00pm	95	1:00pm	-
Aireys Inlet	174.6	1.45pm	114	1.45pm	-
Anglesea – Go Ride A Wave (DS 5)	185.7	2.30pm	124.5	2.00pm	-
Forest Rd & Great Ocean Rd (DS 6)	190.3	-	129.9	-	11.20am
Great Ocean Rd & Anglesea Rd	198	3.00pm	137.5	3.00pm	11.45pm
The Esplanade, Torquay	204	3.15pm	144	3.15pm	12.15pm



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COURSE MAP



VENUE MAP





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REFRESHMENT STOPS

The designated refreshment stops are at the following locations:

- **Refreshment Stop 1** - Moriac (204km/145km/60km):
Toilets, Water, Fruit & Carman's Bars
- **Refreshment Stop 2** - Winchelsea South (204km/145km):
Lollies and Water
- **Refreshment Stop 3** - Deans Marsh (145km):
Toilets, Water, Etixx Nutrition, Cake and Fruit
- **Refreshment Stop 4** - Lorne (204km/145km):
Toilets, Water & Carman's Bars
- **Refreshment Stop 5** - Airey's Inlet (204km/145km):
Toilets & Water
- **Refreshment Stop 6** - Anglesea (204km / 145km):
Toilets, Water, Lollies & Cake
- **Refreshment Stop 7** - Forest Road (60km):
Water and Lollies.
- **Refreshment Stop 8** - Forest Township (204km):
Water, Etixx Nutrition and Fruit
- **Refreshment Stop 9** - Kennett River (204km):
Water and Salad Roll
- **Finish** - Torquay (204km/145km/60km): Sausage in bread, Chobani, Etixx Nutrition Drinks, Lollies and Water. Temple Brewing Bar, coffee and vendor food available at extra cost.

Marshals

The course is well sign posted and marshalled by local volunteers assisting on the day. Marshals are identifiable by their high visibility 'marshal vests' and event marshal T-shirts.

On Course Photography and Entertainment

Look out for our official event photographers on course!



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REFRESHMENT STOPS continued

LORNE REFRESHMENT STOP

The Lorne meeting point is just over half way through the 145km ride and located on the Lorne Foreshore next to the Lifesaving Club. The meeting point provides a good opportunity for cyclists to refresh and wait for friends, rather than them waiting at the Lorne roundabout which was the cause of much congestion in past year's.

Under no circumstances will cyclists be permitted to stop at the Lorne roundabout due to safety concerns.

As you come down the hill into Lorne, there will be a sign, at the Lorne roundabout, into town and onto the Lorne refreshment station and Official Meeting Point.

We encourage cyclists to take advantage of this as there are many benefits of stopping in Lorne. There will be drinks and food products on offer, bike racks, toilets and a large grass area with a fantastic view as you relax with / or await your friends.

If you do not wish to go into Lorne, turn left & continue on the course for 1.5km where a meeting point will be available at Stony Point Creek.

PLEASE NOTE:

If stopping for lunch, please be aware you need to leave Lorne before 1:00pm when Route Support ceases.





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ROAD RULE AWARENESS & EVENT RULES

The RACV Great Ocean & Otway Classic Ride 2016 is a recreational ride - not a race! Riders must adhere to all event rules and Australian Road Rules. Any participant found to be breaching these rules (and therefore jeopardising the safety of other riders as well as the longevity of the event) will risk having their details recorded and will not be permitted to participate in future SME360 events.

- Participants must wear the official 2016 event jersey, helmet sticker and seat pole stickers so they are easily identifiable to receive refreshments, on course medical and mechanical support. Participants breaking this rule are jeopardising the safety of other cyclists and will not be eligible for assistance.
- Participants should write their personal and emergency contact details on the back of their event bib.
- You may NOT ride under someone else's name or number under any circumstances (Note: If you do this you will NOT receive medical or mechanical support, or be covered by insurance).
- Riders may cycle two abreast on single lane roads, except on the ascent out of Deans Marsh & the descent into Lorne. If an official event vehicle needs to overtake on a single lane road cyclists are required to move into single file on the left-hand side to permit the vehicle to pass safely. You must share the road with other users - please be considerate.

- Riders must keep to the left hand side of the road at all times to allow faster cyclists and vehicles to pass.
- To receive on course support, all riders must remain behind the lead vehicle and in front of the Sag Wagon vehicles.
- Drafting of vehicles or motorbikes is strictly forbidden
- All riders must adhere to speed limits and obey all traffic signals, signage and road rules, including keeping to the left of the carriageway and following directions from Police and Traffic Controllers.
- Participants must wear a helmet (Australian Standard Approved).
- Under no circumstances are riders permitted to cross any centre road line.
- Personal support vehicles following the ride are not permitted as this may endanger participants in the event.
- Victoria Police will be patrolling the route and any riders found to be riding outside of the Road Rules will be subject to fines under the Australian Road Rules.
- No MP3 Players, use of any head phones or using mobile phones whilst riding
- Do not litter - take your rubbish with you or place it in the bins. The above rules will be enforced by event staff, marshals, traffic controllers and Police.
- All riders must use designated toilet stops and not stop on the side of the roads.

* For more detailed event rules, visit: www.greatoceanotwayclassic.com.au



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SAFE & SENSIBLE CYCLING

- Remember you are sharing the road with other users and poor behavior reflects on all cyclists future events.
- Be aware of your fellow riders and other traffic. Indicate and call out your intention to slow down, stop or change direction. Use loud and clear calls.
- Be aware that ascending vehicles will be moving faster than cyclists, so single file riding must occur.
- Look over your shoulder when moving out or turning.
- Call 'passing' and 'stopping' to alert surrounding cyclists.
- Pull off the road if you need to stop for any reason

SIGNAGE AND MARSHALS

Throughout the course there will be purple SME360 arrows and other signage marking the route. Signs will also indicate when you are approaching a refreshment station. There will be marshals (wearing fluorescent vests) on the route, riding motorcycles and in vehicles, as well as at stationary points. Event staff are clearly identifiable. **Please listen to and obey their instructions!**

MECHANICAL SUPPORT

Mechanical Support Number : 0448 813 433

There will be mobile mechanical support provided on the course by Fuel Performance. If you require assistance you can use your own mobile phone to contact the event mobile mechanical crew on the above number. Alternatively, you can advise a course marshal, traffic management or event staff member, who will then call for assistance.

Participants are urged to carry spare tubes and know how to change a puncture. Fuel Performance have been engaged to provide mechanical support and attend to more urgent mechanical issues. Please be patient after calling through for support as it may take time for the mechanics to get to your position.

COSTS FOR FUEL PERFORMANCE PARTS

In the event that spare parts are used by Fuel Performance to aid mechanical problems, participants will be charged accordingly. All riders are to carry money as a precaution.

All Tubes \$10

Fitted \$15

Durable training tyres \$40 fitted \$50

Race tyres \$70 fitted \$80

Gear/break cables fitted \$20

Shimano chains 11spd fitted \$105

Campagnolo chains 11spd fitted \$115

Shimano 9spd fitted \$85



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MEDICAL SUPPORT

Emergency and Medical Control Centre Number: 0448 813 433

All riders in the RACV Great Ocean & Otway Classic Ride 2016 are covered by public liability insurance; however this does not include personal accident insurance. We strongly recommend if you do not have health cover, that you seek personal accident insurance.

It is strongly recommended that participants have ambulance cover – ambulances will be in attendance at the event, however if you require transport by ambulance you will be charged for this service.

There will be mobile medical support provided on the course:

- 2 Ambulances
- 3 Medical Support Vehicles

If you require assistance while on the course you can use your own mobile phone to contact the Control Centre on the number above, or advise a course marshal, police officer, traffic management or event staff member, who will then call for assistance.

Items you need to check on your bike:

ALL THE BEARINGS

- Wheel bearings, front and rear
- Pedals
- Bottom bracket

SUSPENSION

Performing correctly without rattles or leaks

DRIVE TRAIN

- Chain and chain rings
- Cogs
- Cranks and chain bolt rings should be tight

GEARS

- Derailleurs
- Cables
- Shifters

BRAKES & WHEELS

- Pads
- Cables
- Hydraulic discs check for buckles
- Check for broken or loose spokes

ACCESSORIES

Lights, drink bottle cages, racks, pumps etc. These should be tight with correct fixings and new batteries.



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EMERGENCY / INCIDENT REPORT PROCEDURES:

IN AN EMERGENCY DIAL 0418 538 503

(Emergency & Medical Control Centre Number)*

*Should the line be busy, please call 000 if it is an emergency! Detailed emergency medical plans for the event have been prepared which include an extensive communication network with radios and mobile phones.

If there is an accident during the event, call Emergency & Medical Control Centre Number — **0448 813 433** and report the incident. One of the medical vehicles along the course will be coordinated to attend with support from motorbikes and staff. In the event of an emergency or incident, use the following checklist as a guide:

- Ensure your safety first
- Ensure the safety of any injured person
- Contact appropriate emergency authorities, stating your name, location, phone number and service(s) required
- Remain at the scene until emergency assistance arrives
- Record all actions, times and details of all involved, including possible witnesses. If necessary / possible, take photographs.

SME360 also recommend the following:

Drink plenty of fluid up to 24hrs before and during the event.

If you are over 35 years of age and/or have not done much regular exercise, it is strongly recommended you have a medical checkup prior to the event and undertake a proper training program to prepare for the event.

EMERGENCIES

Detailed emergency medical plans for the event have been prepared which include an extensive communication network with radios and mobile phones.

If there is an accident during the event, call the **Medical Control Centre 0448 813 433** and report the incident. One of the medical vehicles spread along the course will be coordinated to attend with support from motorbikes and staff.

PARTICIPANTS PLEASE NOTE

Please be aware that due to the rural setting and distances of this event, the quality of medical service will remain high however you should not expect the same response time as for metropolitan Melbourne.