

GREAT OCEAN & OTWAY CLASSIC RIDE




204km
Amy's Ride

Classic
145km
The Original Ride


Family
60km
The Social Ride

APRIL 24th 2021 Rider Event Guide




SURF COAST EVENTS

2XU

Amy Gillett FOUNDATION 
Safe together

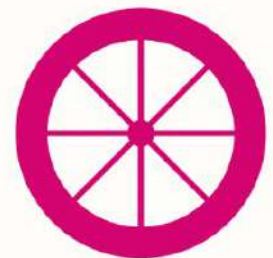
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COLONIAL BREWING CO

O2EVENTS



SUPPORT OUR MISSION FOR SAFE CYCLING IN AUSTRALIA



Australia's road system is failing
our most vulnerable road users

We need your help to make it safe

amygillett.org.au/donate

'Arrive, RIDE, Disperse'

- Feeling Unwell or have Cold Symptoms? Stay Home.
- Attending Event? Make sure you are a registered participant and have completed COVID Screening questions before Kit Collection or Arrival at the Start Line.
- Masks are to be worn on arrival to the Start line, and in common indoor areas where you can't socially distance.
 - Masks are not required while riding on the course or outdoors at Control Points.
 - Please wear your mask while collecting catering from tables at control points, or indoors.
- Keep 1.5m distance from others in all settings and sanitize hands regularly.
- Please arrive at the start line as close to your distance start time as possible. You will be promptly sent on course in small groups as arrive to assist with spacing. Ensure you cross the timing point near the start arch (if cross multiple times, your last crossing will be taken as your start time).
- At Control Points and Finish Line, ensure you maintain social distance and depart promptly from these areas once rested and refueled.



STAY HALF A BIKE LENGTH APART

1.5M - WHEN QUEUING AND MOVING THROUGHOUT

THE EVENT VENUE & CONTROL POINTS



SANITISE REGULARLY

CLEAN HANDS ON ENTRY, AT BATHROOMS,

CONTROL POINTS AND AFTER FINISH LINE



WEAR A MASK

INDOORS AT CONTROL POINTS AND WHERE

YOU CAN'T SOCIALLY DISTANCE (START LINE)



LET'S KEEP EACH OTHER SAFE

FEELING UNWELL OR HAVE COLD SYMPTOMS? STAY HOME

ATTENDING EVENT - MAKE SURE YOU ARE A REGISTERED

PARTICIPANT OR COMPLETED THE QR CODE CHECK-IN

ARRIVE - RIDE - DISPERSE

QR CODE Check-in





EVENT SCHEDULE

KEY DETAILS

LOCATION

ELEPHANT WALK, TORQUAY FORESHORE

FRIDAY 23TH APRIL

KIT COLLECTION

4:00 PM - 6:30 PM

SATURDAY 24TH APRIL

KIT COLLECTION

5:00 AM

204 KM

6:30 AM

145 KM

7:30 AM

60 KM

8:30 AM

EVENT VILLAGE

5:00 AM - 3:30 PM

IMPORTANT PHONE NUMBERS

0482 950 349

MECHANICAL SUPPORT OR WITHDRAWALS

0456 479 606

MEDICAL OR EVENT CONTROL

FOLLOW US ON SOCIAL MEDIA AND TAG US IN YOUR PHOTOS TO FEATURE!



Great Ocean & Otway Classic Ride



@greateoceanclassicride



WELCOME & LAST MINUTE CHANGES

WELCOME

Welcome all participants to the Great Ocean & Otway Classic Ride. We are pleased to have the Amy Gillett Foundation as our official charity partner for the event. It is fantastic to welcome all our local and interstate cyclists participating in the event. Whether it's the 60km, 145km or 204km course, all participants can expect the rolling and spectacular coastal scenery to inspire great performances. We wish you all the best for your ride and look forward to seeing you at the finish line.

EVENT WITHDRAWAL / CHANGE OF DISTANCE

CHANGE OF DISTANCE 145km to 60km / 204km to 145km
If you wish to change distances, please bring your seat post sticker (included in your event kit) to the event information tent located at the venue on Friday 23rd of April, between 4:00pm—6:30pm or from 5:00am the morning of the event. You will be re-issued with the correct event kit material.

WITHDRAWING FROM THE EVENT

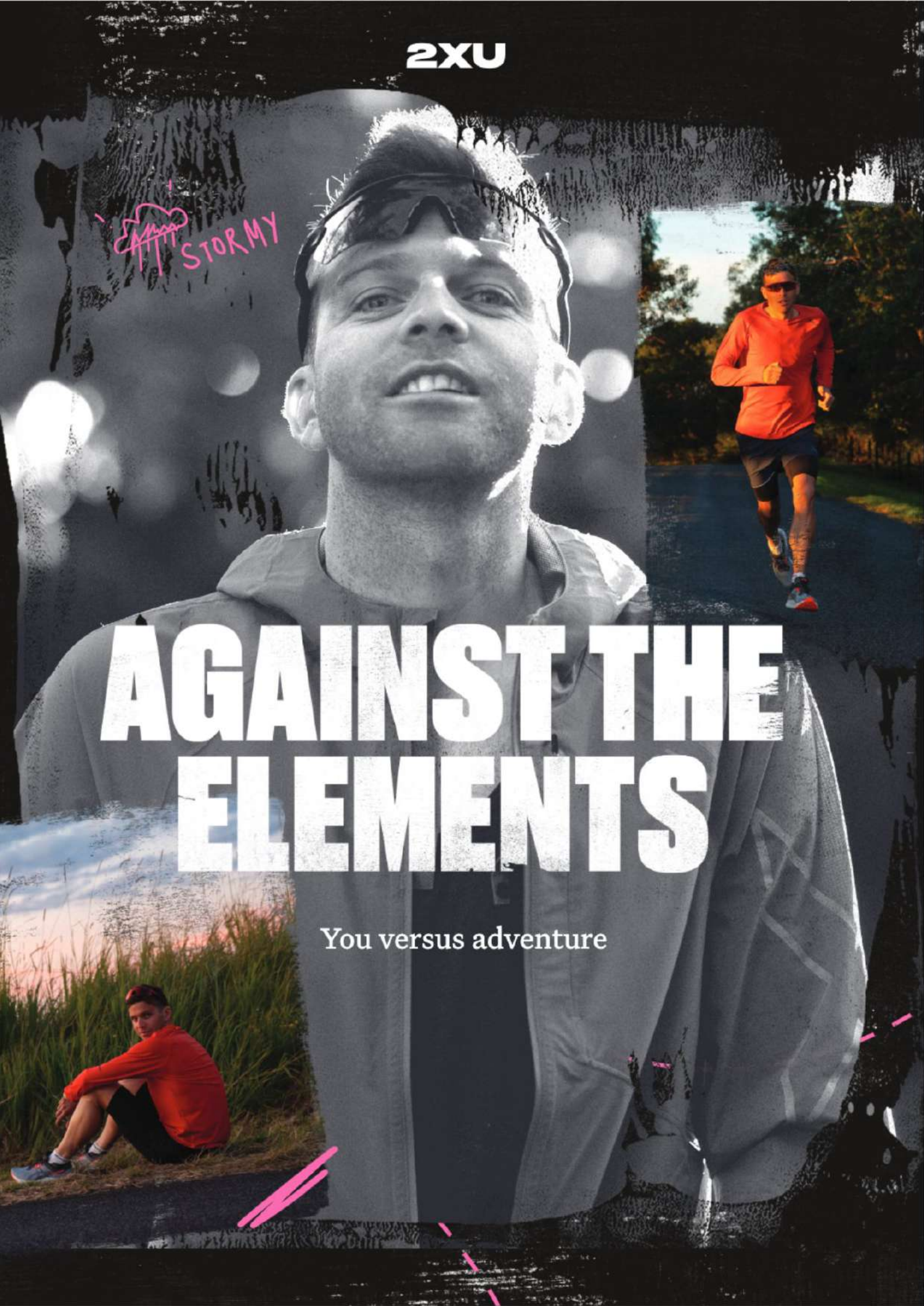
Riders withdrawing from the event before arriving at the Finish Line, **MUST** send an email with their rider number and name. It is crucial that resources aren't spent searching for riders thought to be still on course.

2XU

STORMY

AGAINST THE ELEMENTS

You versus adventure





PRE RIDE HOUSEKEEPING



INSURANCE COVER

The 2021 event is covered by public liability insurance but this does not cover accidents caused by individuals or other riders. It is therefore strongly recommended that you have personal accident insurance or medical cover along with ambulance cover membership, or a suitable level of health insurance.

KEEP THE REGION CLEAN – Please don't litter.

The event relies on the co-operation of private landholders and the local Shires. Please do not litter, as any offence committed against property or laws that come under their control will jeopardise the future of the event. This includes discarding gel wrappers. When you have finished the event, please remove your seat post sticker as this will often detach from the bike when on your roof racks at high speed.

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**SURF
COAST
EVENTS**

get
amongst
it!



IMPORTANCE OF BEING PREPARED



BEING PREPARED CHECKLIST

- Carry a mobile phone during the ride.
- Prepare for all conditions and carry two drink bottles, food, spare tubes, a pump and puncture repair kit.
- Take weather-appropriate layers, given the spread of the course and coastal location, conditions can vary greatly across the route and the day.
- It is recommended that all participants know how to change a tyre or learn prior to the event , along with carrying 2 spare tubes.
- We recommend that you service your bike prior to the event.
- Stop at each refreshment station, drink and fill your water bottles.
- Protect yourself from sun exposure with SPF30+.
- Carry spare change for Finish Line festivities such as coffee, BBQ and the bar. You might also need some cash for stopping off at cafes, the Deans Marsh General Store or Lorne for lunch during the ride (if you do stop please be aware of the cut off times at certain points around the course - cut off times are listed on page 21.
- Please carry a mask, to wear where you can't socially distance.
- Carry identification and details of an emergency contact on your person at all times.
- Make sure you have lights on your bike.



RIDER EVENT KIT



JERSEY & NUMBERED SEAT POST STICKER

Participants either elected to receive their event kit and jersey in the mail prior to the event, or chose to pick it up from the venue within the specified kit collection times.

IF YOU RECEIVED YOUR KIT VIA MAIL, YOU'RE READY TO GO!

Please ensure;

- Your bike is serviced
 - Stickers on bike, helmet and jerseys on
 - 2 full bidons of water on your bike
 - Working front and rear lights
 - Please review the weather forecast for any weather-appropriate clothing.
 - COVIDSafe Check-in performed (sent to you, Wednesday 21st April)
- And we'll see you at the start line in Torquay.

REGISTRATION TIMES

(Kit collection requires your E-ticket that will be sent on Wednesday 21st April at 5:00pm)

Registration will be open in the event village (Elephant Walk, Torquay Foreshore) for Kit Collection and any other outstanding kit issue resolution from 4:00pm-6:30pm on Friday 23rd of April and from 5:00am onwards on race morning (Saturday 24th April). Please allow extra time on event morning if collecting as the queues will be busy.

EVENT NUMBER IDENTIFICATION

All provided race kit material must be worn in the specified locations. Race number attached securely to seat post of bike.

NOTE: JERSEY SIZE EXCHANGES ARE DEPENDENT ON AVAILABILITY, AND NOT GUARANTEED DURING REGISTRATION TIMES.



JERSEY AND ARRIVAL AT EVENT



JERSEY POLICY

Where a rider has been supplied a Jersey by the event, they must wear it. In instances where a Jersey is being supplied post event for whatever reason, the rider must wear a visible jersey, not a jersey that is dark in colour. Groups of 10 or more are welcome to submit their own Jersey to wear, but again, this must be visible and not overall dark in colour. This is in accordance with the relationship the event holds with the Amy Gillett Foundation and the shared promotion of visible cyclists on road.

PARKING INFORMATION

ARRIVE EARLY

Ensure you arrive no later than 30 minutes before your nominated start time identified in your E-ticket to be sent Wednesday 21st of April at 5:00pm (refer to Start Times and Zones page).

PARKING

- There are a number of parking locations that are a short ride to the event venue
- Event parking: [Point Danger](#) and [Surf Beach Ave](#)
- Please adhere to parking restrictions, council have requested that participants do not park in local streets.
- The usual parking at the end of Darian Street has been closed due to resurfacing works. Please do not park on the grass in this area.
- Maps on parking have been provided on the next page.



PARKING AT EVENT



POINT DANGER PARKING



SURF BEACH DRIVE PARKING





VENUE MAP



ELEPHANT WALK, TORQUAY FORESHORE



[Click here](#) for google map directions



MORNING START PROCEDURE



SCHEDULE OF EVENTS & START ZONES

We will have 3 assembly areas for the start of the 204km event located at start arch in front of the venue. The 145km event will have 6 assembly areas marked for the start and there will be 3 assembly areas for the 60km event. Riders start in staggered waves every 90 seconds.

204KM START

All 204km participants (ORANGE seat post stickers) assemble at start area at 6.20am for a 6.30am start of all zones.

Note: RED group will be up front followed by Green and Orange.

Zone 1 - Under 7 hours (RED)

Zone 2 - Under 7.5 hours (GREEN)

Zone 3 - Under 8 hours (ORANGE)

145KM START

7:15am - All 145km participants (BLUE seat post stickers) assemble at start area.

7:30am - Zone 1 participants start - Under 4 hours (RED)

7:32am - Zone 2 participants start - Under 4.5 hours (GREEN)

7:35am - Zone 3 participants start - Under 5 hours (ORANGE)

7:47am - Zone 4 participants start - Under 5.5 hours (BLUE)

8:01am - Zone 5 participants start - Under 6 hours (YELLOW)

8:08am - Zone 6 participants start - Over 6 (PURPLE)

All 145km participants must start by 8:20am



MORNING START PROCEDURE



60KM START

8:20am - All 60km competitors (ORANGE seat post stickers) assemble at start area.

8:30am - Zone 1 participants start – Under 2 hours (RED)

8:32am - Zone 2 participants start – Under 3 hours (GREEN)

8:35am - Zone 3 participants start – Over 3 hours (ORANGE)

All 60km participants must start by 8:40am

DO NOT START THE RIDE EARLY

OR FROM LOCATION OTHER THAN STARTLINE

Upon the request of Police and Local Council, please do NOT start the event prior to the times noted above! All participants MUST stay behind the lead vehicle, otherwise they will not receive on course support or refreshments, and are jeopardising the future of the event.

START / FINISH AREA

The Start and Finish Line area is located at Elephant Walk, Torquay Foreshore. Upon completing the ride, there will be a post Finish Festival, including:

- BBQ, St Ali Coffee Cart and awesome local cafes
- Colonial Brewing Bar will be open for a post ride drink

EVENT VILLAGE

- Amy Gillett Foundation
- FUEL Performance
- eniQ
- Colonial Brewing Co.
- St Ali Coffee
- Vittoria



AMY GILLETT FOUNDATION SAFETY TIPS



Thank you for all your donations and fundraising efforts so far.

As Australia's leading cycling safety organisation, we really appreciate your support and will continue to promote actions to make cycling safer in Australia, such as:

- a metre matters laws across Australia, to make sure drivers pass cyclists safely
- safer vehicles and safer speeds
- investing in cycling infrastructure
- educating cyclists to respect and obey road laws and be safe and responsible road users
- teaching drivers how to share the road safely with bikes, including during driver education.

Donate [here](#) or set up your fundraising page [here](#) and donate to yourself! Remember to promote your page on Facebook and email.

SAFETY TIPS - Whenever you're out riding your bike, remember to maximise your visibility at all times:

- ADD a front WHITE light
- ADD a rear RED light
- WEAR your helmet
- Be predictable - signal early & often
- WEAR light colours, reflective or fluorescent clothing
- ADD reflective bands to your legs (your bio-motion reflects light to drivers behind)



Amy Gillett
FOUNDATION
Safe together





COURSE MAP



[INTERACTIVE MAP HERE](#)



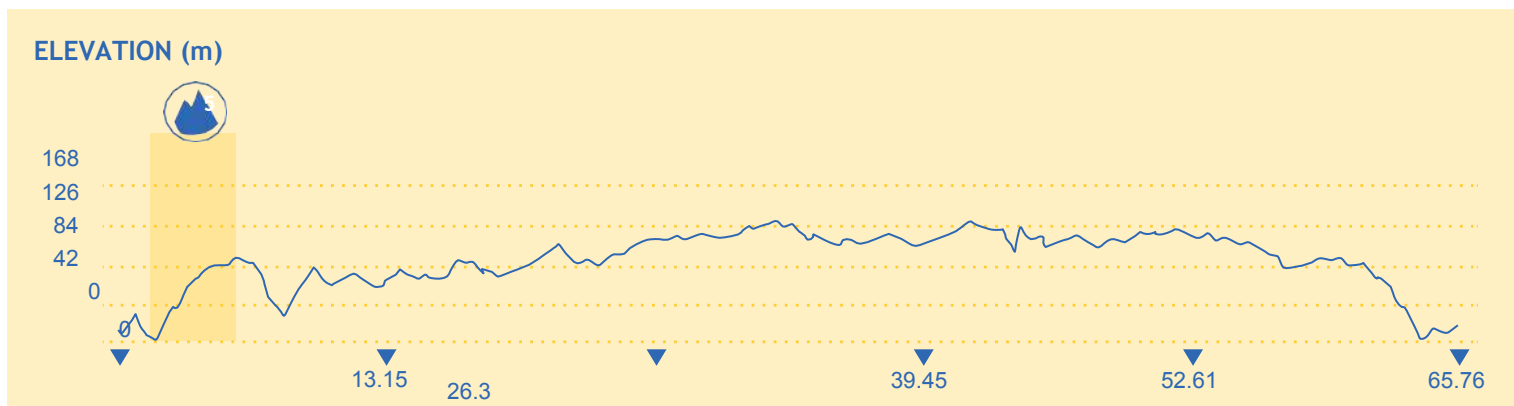
60KM COURSE



KM	Action	Location	Cut-off Time
Start		Elephant Walk, Torquay Foreshore	8.40AM
0.2	RIGHT	Anderson St	
1.0	LEFT	Surf Coast Hwy (B100)	
6.5	RIGHT	Anglesea Rd (C134)	
10.3	LEFT	Hendy Main Rd (C135)	
16.6	RIGHT	Hendy Main Rd (C135)	
24.7		Moriac Refreshment Stop - Water, Fruit & Muesli Bars	10:05 am
25.1	LEFT	Cape Otway Rd	
28.3	LEFT	Church Rd	
30.5	RIGHT	Larcombes Rd	
32	RIGHT	Forest Rd	
47.2		Great Ocean Road Refreshment Stop - Water and Lollies	11:35 am
47.2	LEFT	Great Ocean Rd (B100)	
54.9	RIGHT	Great Ocean Rd (B100)	
59.9	RIGHT	Bell St	
60	LEFT	The Esplanade	
Finish	Finish	Elephant Walk, Torquay Foreshore	12:30 pm



[INTERACTIVE MAP HERE](#)



START ELEVATION 17m	MAX ELEVATION 130m	GAIN 422m	CLIMBS ON ROUTE
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145KM COURSE



Classic 145km The Original Ride

[INTERACTIVE MAP HERE](#)



KM	Action	Location	Cut-off Time
Start		Elephant Walk, Torquay Foreshore	8.15AM
0.2	RIGHT	Anderson St	8.20 am
1.0	LEFT	Surf Coast Hwy (B100)	
6.5	RIGHT	Anglesea Rd (C134)	
10.3	LEFT	Hendy Main Rd (C135)	
16.6	RIGHT	Hendy Main Rd (C135)	
24.7		Moriac Refreshment Stop - Water, Fruit & Muesli Bars	9.40 am
25.1	LEFT	Cape Otway Rd	
32.1	PASS	Layard Rd	
45.8	PASS	Winchelsea-Deans Marsh Rd	
51.1		Winchelsea South Refreshment Stop - Water + Lollies	10:45 am
62.0	LEFT	Birregurra-Deans Marsh Rd (C152)	
73.7		Deans Marsh Refreshment Stop - eniQ Nutrition, Bakery Product & Fruit	11.45 am
73.8	RIGHT	Deans Marsh-Lorne Rd (C151)	
87.6		CAUTION: Benwerrin Descent	
96.2	LEFT	Great Ocean Rd (B100)	
	RIGHT	To Lorne Refreshment Stop (1km)	
96.2		Lorne Refreshment Stop - Water + Fruit + Muesli Bars	1.00 pm
	PASS	Fairhaven Township	
111.2	PASS	Fairhaven Township	
113.2		Aireys Inlet Refreshment Stop - Water only	1.45 pm
124.0		Anglesea Refreshment Stop - eniQ Nutrition + Bakery Product	2.30 pm
136.2	RIGHT	Great Ocean Rd (B100)	
141.3	RIGHT	Bell St	
142.0	LEFT	The Esplanade	
145	Finish	Elephant Walk, Torquay Foreshore	3:15 pm



204KM COURSE



KM	Action	Location	Cut-off Time
Start		Elephant Walk, Torquay Foreshore	6.30am
0.2	Right	Anderson St	6.45am
1	Left	Surf Coast Hwy (B100)	
6.5	Right	Anglesea Rd (C134)	
10.3	Left	Hendy Main Road (C135)	
16.6	Right	Hendy Main Road (C135)	
24.7		"Moriac Refreshment Stop" Fruit, Muesli Bars & Water	7:40 am
25.1	Left	Cape Otway Road	
28.1	Pass	Church Road	
45.8		Winchelsea-Deans Marsh Road - "Winchelsea South Refreshment Stop" - Lollies & Water	8:40 am
62	Pass	Birragurra - Deans Marsh Road (C152)	
63	Left	Birragurra - Forrest Road	
80.5	Pass	Seven Bridges Road	
85.5		"Forrest Township - refreshment stop" Muesli Bars, eniQ Hydration, Fruit & Water	10:15 am
87	Continue on	Forrest - Apollo Bay Road	
92.5	Pass	Barramunga Township	
105	Pass	Tanybryn township	
105.2	Continue on	Skeenes Creek Road	
118	Left	Great Ocean Road	11:30 am
131.5	Pass	Grey River Township	
135		"Kennett River Township - refreshment stop" Salad Roll & Water	12:15 pm
140	Pass	Wye River Township	
156.9	Pass	Lorne roundabout - right to "refreshment stop" - Muesli & Water	1:00 pm
157.3	Pass	Otway St Roundabout	
157.9	Pass	Deans Marsh - Lorne Road	
185.5		"Anglesea Refreshment stop" Etixx Nutrition, Fruit, Lollies & Bakery Product	2:30 pm
198	Right	Great Ocean Road (B100)	
203	Right	Bell St	
203.7	Right	The Esplanade	
204	Finish	Elephant Walk, Torquay Foreshore	3:15 pm



[INTERACTIVE MAP HERE](#)





CAUTION ON COURSE - IT IS UP TO YOU



ASCENT AND DESCENT DETAILS AND RULES

Due to concerns raised by the local authorities regarding cyclist safety, it is important that rules are followed for both the ascent and descent.

ASCENT

Due to the narrow road from Deans Marsh to Benwerrin, all cyclists are required to cycle in single file to permit official event vehicles to safely overtake. This will be policed.

DESCENT

All participants must adhere to the road rules and are advised that the following conditions are in place during the descent:

- Cyclists are not to exceed 60km/h.
- Single file.
- No overtaking of official event vehicles.
- No tailgating of official event vehicles. Under no circumstances are riders permitted to cross the centre line on the road - there could be an official event vehicle coming up the hill on the other side of the road.
- There will be vehicles escorted from Deans Marsh to Lorne and vice versa every 30 minutes during the road closure of Benwerrin.



STAYING ON TRACK TO FINISH



SHORTENED ROUTE

Should the longer course cyclists commence the ride and not feel confident of completing the entire course, below is a list of cut off points where they can shorten their ride.

Location Description	KM	204km Cut Off	KM	145km Cut Off	60km Cut Off
The Esplanade Torquay	0	-	0	8.20am	8.45am
Great Ocean Rd & Anglesea Rd	6.1	-	6.1	8.45am	9.00am
Paraparap Township	16.5	-	16.5	-	9.30am
Moriac (DS 1)	25	-	25	9.40am	10.05am
Cape Otway Rd & Church Rd (60km turn off)	27.8	-	27.8	-	10.10am
Cape Otway Rd & Winchelsea Deans. Marsh Rd	45.5	-	45.5	10.30am	-
Cape Otway Rd & Brickmakers Rd (DS 2)	51	-	51	10.45am	-
Forrest Township (DS 7)	85.5	10:15am	-	-	-
Skenes Creek rd / Great Ocean Rd	117.8	11:30am	-	-	-
Kennett River (DS 8)	135	12:15pm	-	-	-
Deans Marsh (DS 3)	-	-	73.6	11.45am	-
Benwerrin Holding Point	-	-	82	12.30pm	-
Lorne (DS 4)	156.5	1:00pm	95	1:00pm	-
Aireys Inlet	174.6	1.45pm	114	1.45pm	-
Anglesea – Go Ride A Wave (DS 5)	185.7	2.30pm	124.5	2:30pm	-
Forest Rd & Great Ocean Rd (DS 6)	190.3	-	129.9	-	11.20am
Great Ocean Rd & Anglesea Rd	198	3.00pm	137.5	3.00pm	11.45pm
The Esplanade, Torquay	204	3.15pm	144	3.15pm	12.15pm

COURSE CUT OFF TIMES & SAG WAGON

There will be a sag wagon on course, leaving locations at specified ride cut-off times. All cyclists must stay ahead of the sag wagon. The sag wagon will be leaving the following locations at the times indicated in the table on this page.

If any rider falls outside of the cut off times, they will be stopped by the sag wagon and have their numbers removed. They are able to continue to ride the course but will not have access to event support and will be classified as 'everyday riders'. They will be able to ride into Torquay but the Finish Line & event venue may have been packed up.

10% OFF

COUPON CODE: OTWAYS



winnersbars.com



We will make sure you are well hydrated next weekend with the eniQ Electrolyte & eniQ Electrolyte Whey Protein Isolate available free of charge at selected drink stations throughout the 2021 Great Ocean and Otway Classic Ride.

If you'd like to stock up before the race, jump online now and order a 1kg tub or a bag of sachets in your favourite flavour. Use discount code WELLNESS20 for 20% off and free shipping!! Minimum spend \$50.



AID STATIONS



Location	Distance Into Course and Riders Using Stop	Features
Moriac	24.5km (60km, 145km and 204km Riders)	Toilets, Water, Fruit and Muesli Bars
Brickmakers Rd	51km (145km & 204km Riders)	Toilets, Lollies, Water & Electrolyte and Muesli Bars
Forrest	85km (204km Riders Only)	Toilets, Water, Electrolyte, Fruit and Muesli Bars
Kennett River	135km (204km Riders Only)	Toilets, Water, Cola, Fruit, Salad Rolls and Muesli Bars
Deans Marsh	74km (145km Riders Only)	Toilets, Water, Electrolyte, Cake & Fruit and Muesli Bars
Lorne SLSC	95km & 156km (145km & 204km Riders)	Toilets, Water and Muesli Bars
Airey's Inlet	114km & 175km (145km & 204km Riders)	Toilets and Water
Anglesea	125km & 185km (145km & 204km Riders)	Toilets, Water, Lollies, Cake and Muesli Bars
Forest Rd & Great Ocean Rd	51km (60km Riders Only)	Toilets, Water, Lollies and Muesli Bars
Finish Line Torquay	204km / 145km / 60km / 30km (ALL RIDERS)	Colonial Brewing Co, St Ali Coffee and local cafes will be open for your business.

Check in with staff at Aid Stations if need Medical, Mechanical or Other Support.



COLONIAL
BREWING CO

MARGARET RIVER W.A.
PORT MELBOURNE VIC

AUSTRALIAN
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AUSTRALIAN
MADE.





145KM LORNE STOP NOTES



LORNE REFRESHMENT STOP

The Lorne meeting point is just over half way through the 145km ride and located on the Lorne Foreshore next to the Lifesaving Club. The meeting point provides a good opportunity for cyclists to refresh and wait for friends, rather than them waiting at the Lorne roundabout which was the cause of much congestion in past year's.

Under NO circumstances will cyclists be permitted to stop at the Lorne roundabout due to safety concerns.

As you come down the hill into Lorne, there will be a sign, at the Lorne roundabout, into town and onto the Lorne refreshment station and Official Meeting Point. We encourage cyclists to take advantage of this as there are many benefits of stopping in Lorne.

There will be drinks and food products on offer, bike racks, toilets and a large grass area with a fantastic view as you relax with/ or await your friends. If you do not wish to go into Lorne, turn left & continue on the course for 1.5km where a meeting point will be available at Stony Point Creek.

PLEASE NOTE:

If stopping for lunch, please be aware you need to leave Lorne before 1:00pm.



ROAD TREATMENTS



SUMMARY OF ROUTE & ROAD CLOSURES

The Esplanade, Torquay between Beach Road and Gilbert Street will be closed from 5.30am to 9:30am.

The Esplanade, Torquay between Zeally Bay Road and Gilbert Street will be closed from 9:30am to 5:00pm.

Section 1 – Avoid the Anglesea Rd from the Bellbrae roundabout to Hendy Main Road will be closed from 7.00am – 9.15am to minimise your delay.

Section 2 – Hendy Main Rd to Cape Otway Road Moriac is closed from 7.30am to 10.00am.

Section 3 – Cape Otway Rd Moriac at Church Rd to Winchelsea - Deans Marsh Rd is closed from 8.00am to 10.30am.

Section 4 – Cape Otway Rd from Winchelsea – Deans Marsh Rd to Birregurra – Deans Marsh Rd is closed from 8.30am to 11.00am.

Section 5 – Birregurra – Deans Marsh Rd to Deans Marsh is closed from 8.30am to 12.15pm.

Section 6 - Deans Marsh – Lorne Rd to Neade St Lorne is closed from 9.00am – 12.30pm. Due to the safety concerns of both cyclists and vehicles, access will not be allowed during these times unless an emergency

[INTERACTIVE MAP HERE](#)

ROAD TREATMENTS CONTINUED



LANDSLIP SINGLE LANE

204km riders, please note there is a single lane section on course with Traffic lights that needs to be obeyed on the descent on the Skenes Creek Road around 107km into the course.

ROADWORKS ON THE GREAT OCEAN ROAD

204km riders, please be aware there are sections of road works taking place along the Great Ocean Road. At these locations traffic will be down to one lane and be managed by traffic lights. All cyclists must stop at red lights and give way to oncoming traffic. This is roughly at the 130km mark of the course.



RIDE SUPPORT SHARED SERVICES



MEDICAL

In the case of an emergency please dial 000

There will be medical vehicles following each distance. For minor medical incident please call the Event Phone Number: 0456 479 606.

AMBULANCE

O2 Events contract Ambulance Victoria to provide paramedic and ambulance support on course

- It is strongly recommended that participants have ambulance cover
- Ambulances will be in attendance at the event, however if you require transport by ambulance you will be charged for this service.

MECHANICAL

Mobile mechanical support will be provided on course by Fuel Performance. If you require assistance while on the course you can either use your own mobile phone to contact the event mobile mechanical crew, or advise a course marshal, traffic management or event staff member, who will then call for the on course mechanical support.

Phone Number: 0482 950 349

SAG WAGON

6 sag wagons will be on course. The sag wagon is a minibus with a bike trailer that follows the last rider on each course, picking up participants who are unable to finish due to bike failure, fatigue etc.



RIDE SUPPORT SHARED SERVICES CONT.



POLICE

Police will be roaming throughout the event. Highway patrol will survey the course and participants to ensure road rules are adhered to by cyclists and vehicles alike. Police will issue infringement notices to cyclists who disregard the road rules, including offences such as speeding and crossing the solid centre line on the road.

ROAD RULE AWARENESS & EVENT RULES

The Great Ocean & Otway Classic Ride 2021 is a recreational ride - not a race! Riders must adhere to all event rules and Australian Road Rules.

Any participant found to be breaching these rules (and therefore jeopardising the safety of other riders as well as the longevity of the event) will risk having their details recorded and will not be permitted to participate in future, along with time

O2 EVENTS

- Participants must wear the official 2021 event jersey, helmet sticker and seat pole stickers, so they are easily identifiable to receive refreshments, on course medical and mechanical support. Participants breaking this rule are jeopardising the safety of other cyclists and will not be eligible for assistance
- You must NOT ride under someone else's name or number under any circumstances (Note: If you do this you will NOT receive medical or mechanical support, or be covered by insurance)



RIDING IN THE EVENT - YOUR OBLIGATIONS

- Riders may cycle two abreast on single lane roads, except on the ascent out of Deans Marsh & the descent into Lorne. If an official event vehicle needs to overtake on a single lane road cyclists are required to move into single file on the left-hand side to permit the vehicle to pass safely. You must share the road with other users - please be considerate
- Riders must keep to the left hand side of the road at all times to allow faster cyclists and vehicles to pass
- To receive on course support, all riders must remain behind the lead vehicle and in front of the sag wagon vehicles
- Drafting of vehicles or motorcycles is strictly forbidden
- All riders must adhere to speed limits and obey all traffic signals (traffic lights), signage and road rules, including keeping to the left of the carriageway and following directions from Police and Traffic Controllers
- Participants must wear a helmet (Australian Standard Approved)
- Under no circumstances are riders permitted to cross any centre road line
- Personal support vehicles following the ride are not permitted as this may endanger participants in the event
- Victoria Police will be patrolling the route and any riders found to be riding outside of the Road Rules will be subject to fines under the Australian Road Rules
- No music devices, use of any headphones or using mobile phones whilst riding
- Do not litter - take your rubbish with you or place it in the bins. The above rules will be enforced by event staff, marshalls, traffic controllers and Police.
- All riders must use designated toilet stops and not stop on the side of the roads.

BIKE CHECKLIST



BIKE SERVICE

We highly recommend getting your bike serviced prior to arriving in Torquay. Below is a checklist to guide you;

ALL THE BEARINGS

- Wheel bearings, front and rear
- Pedals
- Bottom bracket

SUSPENSION

Performing correctly without rattles or leaks

DRIVE TRAIN

- Chain and chainrings
- Cogs
- Cranks and chain bolt rings should be tight

GEARS

- Derailleurs
- Cables
- Shifters

BRAKES & WHEELS

- Pads
- Cables
- Hydraulic discs check for buckles
- Check for broken or loose spokes

ACCESSORIES

Lights, drink bottle cages, racks, pumps etc.

These should be tight with correct fixings and new batteries.



FUEL PERFORMANCE

Our friends at Fuel Performance will be at the event providing mechanical support.

They are also mobile around Melbourne! If you need a same day turnaround we are a full mobile workshop and can service conveniently at your home or office

More detail here:
fuelperformance.com.au



HEALTH AND EMERGENCIES



PRE EVENT WELLNESS

Drink plenty of fluid up to 24hrs before and during the event, and ensure you are well rested and prepared with your

If you are over 35 years of age and/or have not done much regular exercise, it is strongly recommended you have a medical checkup prior to the event and undertake a proper training program to prepare for the event.

EMERGENCY / INCIDENT REPORT PROCEDURES:

IN AN EMERGENCY DIAL: 000

Please report any medical incident to the event phone - 0456 479 606 (Emergency & Medical Control Centre Number)*

*Should the line be busy, please call 000 if it is an emergency! Detailed emergency medical plans for the event have been prepared which include an extensive communication network with radios and mobile phones. If there is an accident during the event, call Emergency & Medical Control Centre Number above and report the incident. One of the medical vehicles along the course will be coordinated to attend with support from motorbikes and staff. In the event of an emergency or incident, use the following checklist as a guide:

- Ensure your safety first
- Ensure the safety of any injured person
- Contact appropriate emergency authorities, stating your name, location, phone number and service(s) required
- Remain at the scene until emergency assistance arrives
- Record all actions, times and details of all involved, including possible witnesses.
- If necessary / possible, take photographs.

PARTICIPANTS PLEASE NOTE

Please be aware that due to the rural setting and distances of this event, the quality of medical service will remain high however you should not expect the same response time as for metropolitan Melbourne.

YOUR NEXT RIDE! ENTRIES OPEN MONDAY 26TH APRIL



24TH OCTOBER 2021

Ride the 10th Gran Fondo on Australia's most Spectacular Course



**130KM CLOSED ROAD
RACE OR REC RIDE**

45KM REC RIDE

45KM GRAVEL GRIND

ENTER: AMYSGRANFONDO.ORG.AU



O2EVENTS





"I'm a better person and a better mother when I can go out and cycle."

"I have many conversations with my kids about cycling on the roads. But I tell my kids I certainly don't go out to get killed while I'm cycling."

HELEN

Mum

Bookkeeper, Bright

LIVE DRIVE RIDE

like a local



ALPINE
SHIRE COUNCIL

Amy Gillett
FOUNDATION
Safe together



MONASH
University



RMIT
UNIVERSITY

amygillett.org.au/LikeALocal